



## Curriculum Progression Map for EYFS-Physical Development

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Characteristics of Effective Learning</b>	<p>Playing and exploring – engagement: finding out and exploring, playing with what they know, being willing to have a go.</p> <p>Active learning – motivation: being involved and concentrating, keeping trying, enjoying achieving what they set out to do.</p> <p>Creating and thinking critically- thought: having their own ideas, making links, choosing to do things, problem solving.</p> <p><b>At Ghost Hill we use Get Set 4 P.E.</b></p>					
<b>Themes</b>	Guess Who?	Winter Wonderland	Roars and Claws	Eye Spy	Telling Tales	What a Splash!
<b>Nursery</b>	Introduction to PE Unit 1	Fundamentals of PE Unit 1	Gymnastics Unit 1	Dance Unit 1	Games Unit 1	Ball skills Unit 1
PRIME AREA Physical Development (PD) - Gross motor skills - Fine motor skills	<p>Continue to develop their movement, balancing, riding (scooters, trikes, and bikes) and ball skills.</p> <p>Go up steps and stairs, or climb up apparatus, using alternate feet.</p> <p>Skip, hop, stand on one leg, and hold a pose for a game like musical statues.</p> <p>Use large-muscle movements to wave flags and streamers, paint and make marks.</p> <p>Use small apparatus, tools, manipulatives, small world, construction, writing/painting materials to develop fine motor skills across the year.</p>			Take part in simple pretend play, using an object to represent something else even though they are not similar.	Play with one or more other children, extending and elaborating play ideas.	

Reception	Introduction to PE Unit 2	Fundamentals of PE Unit 2	Gymnastics Unit 2	Dance Unit 2	Games Unit 2	Ball skills Unit 2
<p><b>PRIME AREA Physical Development (PD) -</b> Gross motor skills - Fine motor skills</p> <p><b>GROSS MOTOR</b></p> <ul style="list-style-type: none"> <li>Negotiate space and obstacles safely, with consideration for themselves and others.</li> <li>Demonstrate strength, balance and coordination when playing.</li> <li>Move energetically, such as running, jumping, dancing, hopping, skipping, and climbing</li> </ul> <p><b>FINE MOTOR</b></p> <p>Hold a pencil effectively in preparation for fluent writing – using the tripod grip in almost all cases.</p> <ul style="list-style-type: none"> <li>Use a range of small tools, including scissors, paintbrushes, and cutlery.</li> <li>Begin to show accuracy and care when drawing.</li> </ul>	<p>1. Show good control and coordination in large and small movements</p> <p>2. Move confidently in a range of ways, safely negotiating space.</p> <p>3. Handle tools and equipment effectively, including pencils for writing.</p> <p>Use small apparatus, tools, manipulatives, small world, construction, writing/painting materials to develop fine motor skills across the year.</p>	<p>1. Move in a variety of ways, slithering, shuffling, rolling, a range of activities. crawling, walking, running, jumping, skipping, and hopping. Jumping off an object and landing appropriately.</p> <p>2. Travel with confidence and skill under, over and through balancing and climbing equipment.</p>	<p>1. Create movements in response to music 2. Initiate new combination of movement and gesture to express and respond to feelings, ideas, and experiences.</p>	<p>1. Catch a large ball</p> <p>2. Show increasing control over an object by pushing, patting throwing, and kicking it.</p>		

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*Ghost Hill Infant and Nursery School is proud to be part of the Sapientia Education Trust. **Website:** <https://www.se-trust.org/>*

