



Ghost Hill Newsletter

5th December 2025

A message from Mrs Westall

Infant schools at Christmas time are magical – and busy! We all enjoyed the Year 2 Christmas Play this week. Christmas performances are lovely to look back on and are a key childhood memory, as well as a lovely memory for families. Thank you for coming along. Reception performances are next week. In our Monday assembly this week we discussed one of our character virtues, ‘**Curiosity.**’ Children were great at giving examples of what it means to be **curious.** We talked about how being **curious** helps us learn new things, by asking questions – and also how being **curious** can keep us safe by challenging things that don’t feel comfortable. We reminded children of our PANTS curriculum and the character Pantosaurus – who teaches children that Privates are Private and the importance of saying, ‘no.’



Its National Santa Dash Day on Friday 12th. Come to school in your festive head wear for a dash around the outside area. Ho, Ho, Ho! This is just for fun!



Have an enjoyable weekend

Community Kindness

We are working with the The King’s Centre in Norwich, and with Jenny who attends there with her family (3 children at Ghost Hill). We are looking for donations of coats for primary aged children,

and donations for food hampers. This is a great example of **Community Awareness**, one of our focused Character Virtues within our **Character Education Curriculum**, and helps our children learn that it is always good to help people in our community. Please bring donations to the **school office** and Jenny will collect. The deadline is **Friday 12th December**.

Coats



Food

Many of our guests live alone, therefore need a variety of **small** size non-perishable food items, and for our homeless guests, easy to open tins (for example, a ring-pull). If you are donating food, please provide a variety of meat and vegetarian friendly options as we try to cater to dietary requirements.



Other items required for our festive bags (preferably in small packets or tins)

- Christmas cakes (alcohol free)
- Biscuit selection tins
- Tins of wrapped sweets
- Plus other snacks our guests might enjoy

Non food items

- Compact sleeping bags
- Foil blankets
- Foam camping mats
- Range of unisex toiletries - in 'handy' sizes

We are unable to accept ordinary blankets, duvets and towels due to bulk

More info here:

<https://www.norwichopenchristmas.org.uk/donations.html>

Food Tasting with ASPENS

After school on Thursday 22nd January 2026



We listened to feedback from last year's event and this year's event there will be no long queues. It is being organised differently, with tables and chairs for all. Please come along and support us with tasting the food your children are served at school. Children are welcome too.

Christmas Dinner – Wednesday 17th December.

There will only be the option of the Christmas dinner from school this day. We would love as many children as possible to sign up to this. If you don't want your child to have Christmas Dinner they can have packed lunch from home.

Main Menu



Allergy Menu



Christmas Performances



Please can there be a maximum of 2 family members per child at each performance. If we can all stick to this we won't need to have a ticket system. There will be a maximum of 60 children in a show. This means that with a maximum of 120 people in the audience it will be comfortable for the audience and not too overwhelming for the children. Photos can be taken – but please don't put on social media unless you have permission from parents of the children in the pictures.

Friends of School will have a collection pot at the door after each performance. All funds will go towards the children of Ghost Hill.

Dates of the shows are in the diary dates section below.

A Special Mention from Mrs Westall

Try Hard, be Brave, Be You.



Character virtue – Teamwork

Well done to Arlo in Deer Class for having such a great understanding of our focused character virtues, Curiosity, Teamwork, Community Awareness and Honesty. You have listened well in class and in assemblies and set a great example to all. You are showing great teamwork in helping everyone embrace our Character Education curriculum.

Ready, Respectful, Safe





Sports News



Dance Club and show letters have gone out for year 2, don't forget to register your interest by Friday 12th. Its National Santa Dash Day on Friday 12th. Come to school in your festive head wear for a dash around the outside area. Ho, Ho, Ho! In the new year Master Wayne from SESMA will be in school for a taster day, date to be confirmed.

Yoga Club has now finished. The children have thoroughly enjoyed the sessions "it's so calming," said Melia. It's always a pleasure to run active clubs.

Sports Star of the week

Star of the week is Nelly in Fox for her fantastic demonstration of controlled jumps.



Achievements out of school



Please send us in your children's achievements big and small. Please email the school office to do this:
office@ghosthill.set.education

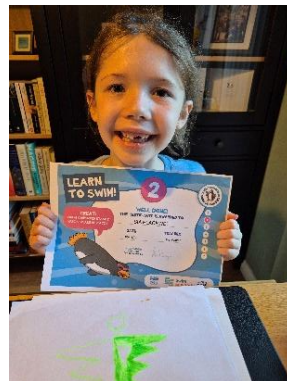
Well done to Isaac T in Hedgehog Class. Isaac has moved up to stage four swimming lessons after only 3 weeks at stage three. He has worked really hard to learn to swim and shown great improvement in a really short time! This is a brilliant achievement Isaac!



Well done to Willow in Butterfly class who passed stage 3 in her swimming class this week. She has her “yellow T-shirt” grading for karate on Saturday so it’s been a busy week for her! We are very proud of you Willow!



Well done to Sia in Deer Class for who achieved her level 2 stage at Penguins swimming and getting on well with stage 3. This is great news Sia!



Well done to Annabelle in Deer Class. She performed in her Stagecoach play Snow White on Saturday. She was Sleepy and Dopey! She performed beautifully and can't wait to move up to the next class in January. Brilliant Annabelle!





Designated Safeguarding Leads

Mrs Westall, Mrs Hamill, Mrs Michael, Mrs Ferguson

These members of staff monitor and manage all safeguarding practices and ensure staff are supported and have the training they need. Please ask to see one of these adults if you are worried about the safety of a child at school.

If you have a safeguarding concern about a child out of school hours, then the number to ring is:

CADS – Children’s Advice and Duty Service - 0344 800 8020.

Please see December’s [Online Safety Newsletter](#) on our website.

[Newsletters and Online Safety letters | Ghost Hill Infant & Nursery School](#)

Here is an extract:

Roblox

Following a recent ITV investigation*, which found extremist content on Roblox, we thought we would provide a reminder of what you need to be aware of. Roblox is a platform consisting of a collection of games. Players can either create games or play games that other users have created. It is free to download (however subscription options and in game/app purchases are available) and can be played across numerous devices. **A lot of the content is user generated, which means not all games will be suitable for your child to view/play.** If your child is playing Roblox, it is important to monitor what your child is accessing and set up appropriate parental controls. **PEGI rate Roblox with a Parental Guidance label, this is because it is considered a platform with a huge level of user generated content.**

What should I be aware of?

Game content – as mentioned, users create games so the content/themes may not be appropriate for your child. Roblox label content based on the type of content rather than by age. The labels are Minimal, Mild, Moderate and Restricted.

Chat Facility - Players can chat with each other (users under the age of 13 need parent permission to access certain chat features though). You can turn communication off completely or add restrictions, such as only able to communicate with friends.

Virtual Currency - Players can buy Robux (their virtual currency) to buy in-game upgrades or accessories.

How do I report abuse and block users?

This article outlines the different reporting facilities:

<https://en.help.roblox.com/hc/en-us/articles/203312410-How-to-Report-Rule-Violations>

What else can I do?

Chat to your child regularly about what they are doing online and remind your child that if anything is worrying them, then they should talk to you or another trusted adult.

Further information

<https://parentzone.org.uk/article/roblox>

[*Source: <https://www.itv.com/news/2025-11-14/mosque-attacks-and-far-right-skins-roblox-teens-exposed-to-extremist-content>]



Information:

Please ensure push notifications for the my child at school app are switched on.

All booking and amendments for lunches and wraparound care need to be made 24hrs in advance.

Please order your child's lunch on the MYCAS app. This is a great opportunity for you to discuss the lunch options with your child and encourages them to try new foods.

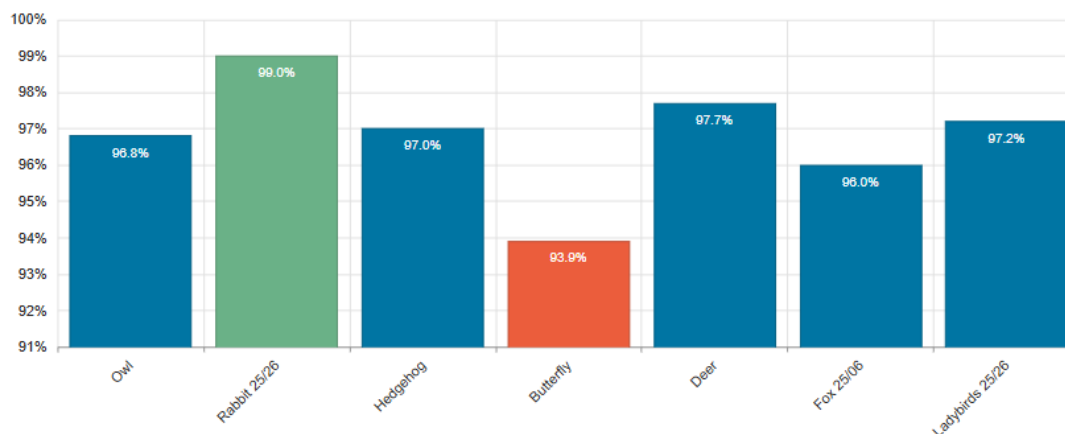
If you do not have MYCAS and would like access, please speak to Mrs Ferguson in the school office.

Please use the school office email address for any future emails. Office@ghosthill.set.education

Please check the data collection tab for your child/ children to ensure the information we hold for you is up to date and correct. (All parts with a * need to be completed to save.



Well done to **Rabbit class** for **99%** attendance this week.



The trust attendance target is **97%**

Ghost Hill Infant and Nursery School current attendance this week is **96.8%**

Good attendance matters!

Winter Health

The winter months can bring with them increased chances of common illnesses for us all. To help make sure we stay healthy as we move into the colder months, we wanted to share with you some useful advice and services to support.

Keep their diet healthy A healthy and nutritious diet with all of the food groups and plenty of fruit and vegetables is really important. Keep your children hydrated by aiming for five cups of water per day. The [Department of Health](#) advises that all children from the ages of six months to five years are given supplements containing vitamins A, C and D in the form of vitamin drops. This will be especially important for those with fussy eaters but even for those children who do eat a well-balanced diet. This is because it is very difficult to get enough vitamin D from food alone.

Good hygiene habits Avoiding the germs is the best way to help your child keep well and teaching the importance of hygiene is essential ★ Wash hands frequently ★ Cover mouth and nose when sneezing or coughing, use a paper tissue, throw it away and then wash hands

Keep their sleep routine going A good night's sleep will help keep your child fighting fit. Adequate rest and sleep is essential for maintaining a healthy immune system.

Help if your child is ill There are lots of places you can get help if your child is ill. This includes [Just One Norfolk](#), your local pharmacist, your GP and [NHS 111 online](#). Your [local pharmacy](#) can supply prescription-only medicines, including antibiotics and antivirals to treat seven common health conditions without the need to visit a GP. This includes sinusitis, sore throat and earache.

We have 6 paediatric first-aid trained staff across the school site, who are on hand in school to support our pupils' mental and physical health. We will call home and inform you if your child is feeling ill during the school day and we believe it is appropriate for them to be collected early.

Breakfast and After school club contact number

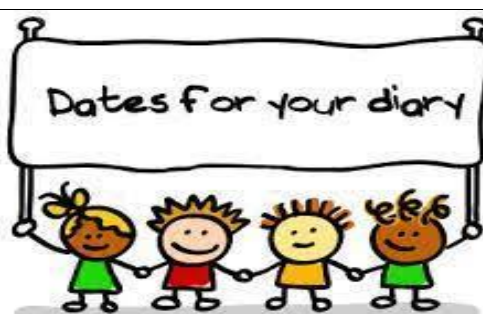
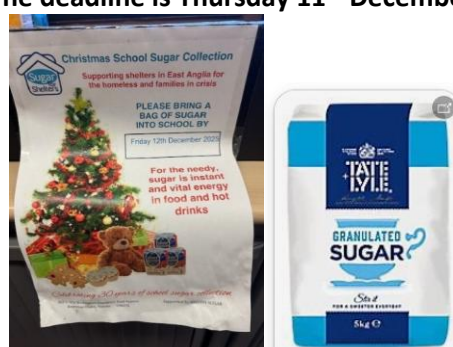
Please be aware breakfast and after school club has its own contact number. Should you need to reach them, please call 01603 558807

Breakfast and Afterschool club sessions for next half term is now available to book on my child at school.

Sugar Collection

We would be grateful for bags of sugar for our sugar collection for the homeless and families in crisis.

The deadline is Thursday 11th December.



Any dates that are added each week will be highlighted for easy reference.

Autumn Term Dates

Wednesday 10 th December 10am and 2pm	Reception Christmas show to parents
Thursday 11 th December	Open Morning 9.30
Thursday 11 th December	Stay & Play 4-5pm for New Nursery in take
Friday 12 th December	Friends of School in assembly to draw the raffle with the children.
Monday 15 th December	School Council - Care home visit
Monday 15 th December 2.15pm	Nursery Christmas show to parents.
Tuesday 16 th December 2pm	Year 1 Christmas show to parents
Wednesday 17 th December lunchtime	Christmas Dinner
Thursday 18 th December 10am	Year 1 Christmas show to parents
Friday 19 th December	Last day of term – non uniform just for fun.
Friday 19 th December	Visit from Santa

Christmas Holiday

Monday 5th January

INSET DAY

Tuesday 6th January

Children return to school

September 2025						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2025						
M	T	W	T	F	S	S
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13	14	15	16	17	18	19
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27	28	29	30	31		

November 2025						
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December 2025						
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22	23	24	25	26	27	28
29	30	31				

January 2026						
M	T	W	T	F	S	S
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2026						
M	T	W	T	F	S	S
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March 2026						
M	T	W	T	F	S	S
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 2026						
M	T	W	T	F	S	S
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27	28	29	30			

May 2026						
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25	26	27	28	29	30	31

June 2026						
M	T	W	T	F	S	S
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July 2026						
M	T	W	T	F	S	S
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August 2026						
M	T	W	T	F	S	S
					1	2
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

CHRISTMAS



TENNIS CAMP



Action packed Christmas camp
with themed challenges, tennis
skills, games & prizes

All equipment provided, no
experience necessary

**22 - 23
DEC**

9:00 - 11:30AM

**£16 per day
£27 both days**

 **5 - 10 YEAR OLDS** 

**CITY OF NORWICH SCHOOL
(INDOOR SPORTS HALL)**



nationaltennis.org.uk/camps/norfolk
hello@nationaltennis.org.uk

