



Long Term Curriculum Map for PE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Introduction to PE Unit 1	Fundamentals of PE Unit 1	Gymnastics Unit 1	Dance Unit 1	Games Unit 1	Ball skills Unit 1
Reception	Introduction to PE Unit 2	Fundamentals of PE Unit 2	Gymnastics Unit 2	Dance Unit 2	Games Unit 2	Ball skills Unit 2
Year One	Team Building	Gymnastics	Dance	Target Games	Net and wall games	Athletics
Year Two	Team Building Swimming	Gymnastics Swimming	Dance Swimming	Fitness Swimming	Ball Skills Swimming	Athletics Swimming

Rationale: - All units are chosen to ensure coverage of the National Curriculum.

- Introduction to PE at each stage of EYFS teaches basic key skills which are built upon as pupils progress through the school.
- Team building through OAA at the start of year1 and 2 helps the children settle back into school and their new classes.

Headteacher: Mrs Emily Howley (BA Hons, MA, NPQH)

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- Taverham Junior School have been consulted to see which skills they need our children to have for their transition into KS2. These topics have been placed nearer the end of our KS1 provision.
- We see swimming as an essential skill for children living in Norfolk. Children are taught in a block of 18 lessons per year 2 class to ensure best progress is made.

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